REASONED ACTION THEORY

SAMPLE QUESTIONNAIRE ITEMS:

BI (behavioral intention):				
I intend to floss daily.	false			
A _B (attitude toward the behavior):				
My flossing daily is good	_ bad			
IN (injunctive norm):				
Most people who are important to me think I should	_I should not			
floss daily.				
DN (descriptive norm):				
Most people do	do not			
floss daily.				
PBC (perceived behavioral control):				
very easy	very difficult			
If I wanted to, I could easily floss daily strongly	strongly disagree			
How much control do you have over whether you floss daily? complete absolutely no control control				



REASONED ACTION THEORY FORMULA:

$$B \approx BI = [A_B][w_1] + [IN][w_2] + [DN][w_3] + [PBC][w_4]$$

where B = behavior

BI = behavioral intention

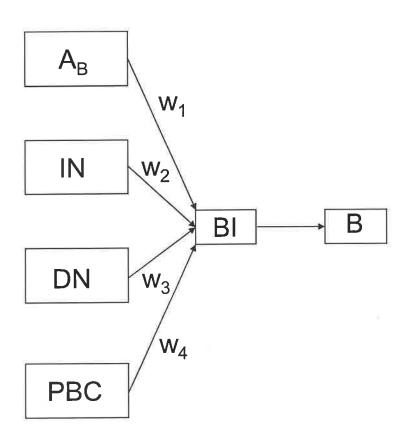
 A_B = attitude toward the behavior

IN = injunctive norm

DN = descriptive norm

PBC = perceived behavioral control

 w_1, w_2, w_3, w_4 = weights for each component



DETERMINANTS OF ATTITUDE TOWARD THE BEHAVIOR (A_B):

 $A_B = \sum b_i e_i$

where b_i = strength with which the belief is held

 e_i = evaluation of the belief

SAMPLE QUESTIONNAIRE ITEMS:

b_i (belief strength):

Buying an XYZ will deplete my saving account.

likely _____ unlikely

e_i (evaluation):

Depleting my savings account is

good _____ bad

EXAMPLE OF ESTIMATING A_B FROM b_i and e_i:

Salient beliefs about the act of buying an XYZ	belief strength <u>b_i</u>	belief evaluation e_{i}	$\underline{b_i e_i}$
1. deplete savings account	+3	-3	-9
2. gain prestige	+2	+2	+4
3. higher insurance premiums	+1	-2	-2
4. better gas mileage	+2	+1	_+2

$$\sum b_i e_i = -5$$

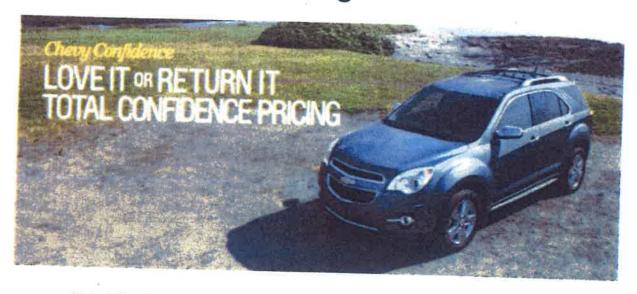


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DETERMINANTS OF INJUNCTIVE NORM (IN):

 $IN = \sum n_i m_i$

where n = normative belief attributed to the other

m = motivation to comply with the other's expectations

SAMPLE QUESTIONNAIRE ITEMS:

n_i (normative belief)

My girlfriend thinks

I should _____ I should not

buy an XYZ.

m_i (motivation to comply)

Generally speaking, how much do you want to do what your girlfriend thinks you should do?

Not at all _____ Very much

EXAMPLE OF ESTIMATING IN FROM n_i and m_i:

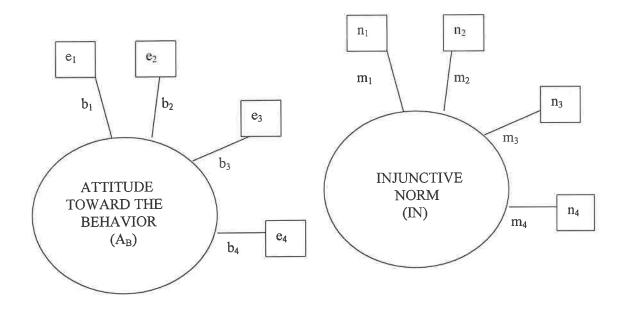
Important referents	$\begin{array}{c} \text{normative} \\ \text{belief} \\ \underline{ n_i} \end{array}$	motivation to comply m _i	<u> </u>
1. my girlfriend	+1	+3	+3
2. my father	-3	+2	-6
3. my friend John	+3	+2	+6
4. My mother	-1	0	0

$$\sum n_i m_i = +3$$



$$A_B = \ \sum b_i e_i$$

$$\text{IN} = \sum \! n_i m_i$$





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